

Continuing Education

Shape Your Future!



www.LearnatSouth.org • (206) 934-5339

Register Now!

What's New



EXPLORE *European wine and food pairings.*

EMPOWER yourself and others in the workplace.

p 19-20



WORLDWIDE

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ENGAGEwith the world through language and culture.

p 13-15

Front Cover:

Photo taken in South's Ceramic Studio with Continuing Education students: from left to right Karen White, Christian Pearson and Pam Dobbeck.

Photo credit – Glenn Gauthier, South Seattle graphic designer and photographer

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Welcome to South!

Dear Friends,

Are you thinking about choosing new directions this Fall? Let us help you *Shape Your Future* with these classes:

- Acquire pottery skills in classes taught by our acclaimed professional teachers.
- Explore your passion for creating truffles with a master chocolatier in a hands-on class.
- Use your camera to capture holidays in photos, and shape clever holiday gifts.
- > Explore Fall harvest in our wine tasting classes.
- > Deepen your horticultural expertise as you prepare your garden for winter.
- Enhance your professional toolbox with our series of management and leadership workshops that address common workplace snags with useful techniques and solutions.
- Shape your computer abilities in on-campus classes with our highly-praised instructors or choose our flexible online courses.

We are also excited to offer you a new collaboration this Fall as South Seattle College Continuing Education (CE) introduces partnerships with the CE programs at North and Seattle Central Colleges. This collaboration will make more courses available to you at different times and locations to meet your scheduling needs. Look for the **C/N** note for classes offered by our partners.

Shape your future this Fall by looking at all your options! Warm Regards,

Luísa Motten

Director of Continuing Education

EASY WAYS TO REGISTER



ONLINE: www.LearnatSouth.org



PHONE: (206) 934-5339



IN PERSON: Olympic Hall, Room 130



MAIL: Fill out and mail form on page 23

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Arts



ARTS

CRAFTS

Introduction to Soap Making M

Janey Davies

Discover how to create skin-pampering soap the old-fashioned way using lye, fats and oils. Learn both hot and cold process soap making techniques. You will leave class with 8 bars of soap, recipes, instructions, and a list of suppliers. Handmade soap makes a perfect gift.

10/28

9:00 AM - 12:30 PM CAB - Main

\$55 + \$15 Materials Fee

Homemade Body Care Products M

Janey Davies

Create your own lotions, scrubs, bath fizzies, and lip balms. Learn to make affordable moisturizing products to pamper your skin. Practice your newly acquired skills by creating four full-sized products to take home along with recipes, instructions, and a list of ingredient suppliers.

10/28

\$55 + \$15 Materials Fee

NEW! Holiday! Homemade Bath Fizzies M

Janey Davies

Soak your cares away! Using safe, natural ingredients, make your own bath fizzies to help remove toxins, reduce muscle tension, improve blood circulation, and relieve pain and cramps. Learn about the materials and ingredients needed and where to get them, how to safely work with and choose essential oils, then customize your bath fizzies with the essential oils of your choice. Go home with 15 bath fizzies (great for holiday gifts and self-pampering), recipes, materials, and a list of suppliers. All supplies and tools for the class will be supplied.

9:00 AM - 12:00 PM CAB - Main

\$49 + \$15 Materials Fee

C/N NEW! Making Holiday Gifts with

Aromatherapy and Essential Oils

Shannon Buck

Learn to create sumptuous gifts for the holidays: Sweet Strawberry Sugar Scrub, Eucalyptus and Mint Lip Balm, Holiday Herbal Body Wash, Winter Rescue Skin Serum, Enchanted Forest Perfume and Vanilla Whipped Body Butter. A\$25 materials fee is due to the instructor in class. Class is held at North Seattle Campus.

1:00 PM - 4:00 PM North Seattle/

\$45 + \$25 Materials fee

C/N NEW! Basic Japanese Papermaking

Taiko Suzuki

Learn the art of Japanese and Western papermaking! You'll create your own sheet of paper using pulp preparation, sheet forming, pressing and drying techniques. We'll also explore laminating, embedding and collage. Price includes materials; limit 4 students. Meets off campus at instructor's studio in Pioneer Square.

Sa. Su

10/14-10/15 10:00 AM - 5:00 PM Off Campus/Pioneer Square Studio \$199

Beginning Crochet M

Corinne Soltis

Want to learn how to crochet but not getting anywhere watching endless YouTube videos? Come get some hands-on training and learn the basics. This class will cover Chain Stitch, Slip Stitch, Single, Half, and Double Crochet Stitch, maintaining tension, hooks, and yarn. You'll receive a complete kit for all class projects including one pot holder and a scarf. No experience necessary.

10/16 - 10/30 6:00 PM - 8:00 PM OLY 204

\$30 + \$30 Materials Fee

NEW! Intermediate Crochet ******

Corinne Soltis

For students who are already proficient in maintaining tension, Chain, Single, Half, and Double Crochet Stitches. Learn additional stitches for the most common crochet patterns as well as review common crochet problems and solutions. The class will cover: magic circle, treble stitch, increase, decrease, hidden decrease, working in front, working in back, changing yarn, cluster, popcorn, and working in the round. The class will make a simple project to showcase most of the learned stitches. Instructor will provide all materials.

M (2 sessions)

11/6 - 11/13 6:30 PM - 8:00 PM OLY 204

\$30 + \$20 Materials Fee

NEW! Holiday! Crochet Hanging Dish Towel **Corinne Soltis**

For students who are proficient in crochet basics or have completed the Intermediate Crochet class. Get a jump start on a quick and easy holiday present. Crocheted hanging dish towels are standard dish towels with a decorative crochet top and button so they can be hung from the oven or a cabinet door handle. Taking 1-2 hours to make, they let you show off your creative side while making a useful and meaningful gift for friends and family. Instructor will supply each student with a kit to make one set of dish towels.

11/20

6:00 PM - 8:00 PM OLY 204

\$20 + \$20 Materials Fee

Upholstery - Beginning

Anna Gregory

Assemble, fabricate, and upholster a new ottoman using a no-sew method. With the exception of the two yards of fabric needed, all other materials and tools will be provided in class to complete a new ottoman which can be used for extra seating, a tray table, or just plain lounging with your feet up.

10:00 AM - 2:00 PM On Campus

\$65 + \$65 Materials Fee

Upholstery - Intermediate

Anna Gregory

Whether you are upholstering a small or full-sized piece of furniture, the techniques are the same. Learn these techniques on a miniature, wood-frame Victorian style chaise lounge. Your Materials Fee includes the wooden frame, foam, use of proper tools, and a video to use at home. All you need to bring is 1.5 yards of medium weight upholstery fabric.

11/4

9:00 AM - 5:00 PM LHO 2

\$175 + \$100 Materials Fee

DRAWING & PAINTING

Supply list link for drawing and painting classes available at

www.LearnatSouth.org

Drawing for Pleasure: Basic Skills - Series

Peter Barth

Drawing skills are essential for all types of artistic endeavors. Develop a rich depth of drawing skills by taking this Series which includes Drawing for Pleasure: Basic Skills Parts 1 and 2. (No class 11/21)

Tu (10 sessions) 10/3 - 12/12 7:00 PM - 9:00 PM CEC 102

Drawing for Pleasure: Basic Skills - Part 1

Peter Barth

Learn drawing basics, including highlights, shadows, details, and textures. You will also learn to draw a variety of exciting subjects in a series of step-by-step demos including still lifes, animals, flowers, trees, and more.

Tu (5 sessions)

10/3 - 10/31 7:00 PM - 9:00 PM CEC 102

\$109

Drawing for Pleasure: Basic Skills - Part 2 **Peter Barth**

Drawing Part 2 covers a variety of drawing skills and adds fascinating new techniques to your drawing repertoire! These include: Drawing, capturing lighting and 3-dimensionality, the basics of perspective, gesture drawings of people and animals in motion, portraits and caricatures, and more! Take your drawing skills to a new level! (No class 11/21)

Tu (5 sessions) 11/7 - 12/12 7:00 PM - 9:00 PM CEC 102

\$109



C/N NEW! Colored Pencil Art

Fresia Valdivia

In this, fun and interactive class receive easy to follow systematic instruction in how to create vibrant and realistic art using colored pencils. They are extremely lightweight and portable. You can just take them wherever you go, open your sketch book or drawing pad and create. Learn how to draw what you see, how to shade and create highlights, blend colors to make a rich color, and explore how exciting it is to develop your own style and expression. Discover how rewarding colored pencil art can be! See www.LearnatSouth.org for required materials. Class will be held at Seattle Central Campus. No class 11/25.

Sa (10 sessions) 9/30-12/9

10:30 AM -12:30 PM Off Campus/

Fine Art Bldg., 801 E Pine St

Acrylic Painting - Series

Peter Barth

Bright, luminous colors, ease of use, and a variety of techniques make acrylics a versatile, creative medium. Learn about color, value, composition, lighting, perspective, realism, impressionism, and 3-dimensionality. Students will have the opportunity to paint a variety of subjects. Class will also cover alternative techniques such as impasto, glazing, washes, dripping, dry-brush, and scraffito. (No class 11/25) Sa(10 sessions) 10/7 - 12/16 2:00 PM - 4:30 PM CEC 102

Acrylic Painting - Part 1

Peter Barth

Learn painting basics: Color, value, lighting, drawing, and proportion. Class covers basic brush handling techniques (blending, wet brush, dry brush, stippling), color mixing, and how to paint a variety of subjects following step-by-step demos, including animals, still lifes, birds, landscapes, and more.

10/7 - 11/4 2:00 PM - 4:30 PM CEC 102 Sa (5 sessions)

Acrylic Painting – Part 2

Peter Barth

Learn to paint a variety of new subjects including animals, landscapes, plant life, houses, buildings, and more. Review painting basics such as color, value, lighting, proportion, and learn a variety of new brush handling techniques: Impasto, glazing, washes, and sponging. (No class 11/25)

Sa (5 sessions)

Botanical Illustration

11/11 - 12/16 2:00 PM - 4:30 PM CEC 102

Peter Barth

Capture the beauty of plant life utilizing a variety of drawing and painting techniques. Learn a range of expressive and playful approaches to botanical illustration with step-by-step instruction, demonstration, and hands-on experience, gaining the foundation you need to draw any botanical subject. Class is open to all levels of experience.

Sa (5 sessions)

10/7 - 11/4 11:00 AM - 1:00 PM CEC 102

\$109

NEW! Zoological Illustration

Peter Barth

Depict the beauty, energy, and diversity of animal life utilizing a variety of drawing and painting techniques and media. Create animal gesture drawings and learn to depict the movement and structure of animals in action. Produce true-to-life drawings and paintings of animals. Class is open to all levels of experience. (No class 11/25)

Sa (5 sessions)

11/11 - 12/16 11:00 AM - 1:00 PM CEC 102



Zoological Illustration of a Red Panda.

C/N NEW! Painting Portraits of Color

Georgetta Gancar

\$145

This class focuses on learning to paint beautiful skin tones of color, from olive to dark brown. Palette and brush techniques for features, from curly to straight hair and darker eyes, will be explored. Class includes a history of Caribbean, Mediterranean and African American artists as well as a trip to the Northwest African American Museum. Class will be held at Seattle Central Campus.

10/24-12/12 6:30 PM - 8:30 PM Off Campus/ Tu (8 sessions)

Fine Art Bldg., 801 E Pine St



Sumi Painting

Lois Yoshida

Explore creative forms of self-expression through the flowing techniques of Sumi painting in this class for beginning and continuing students. Class content is designed to suit each student's level of experience. Sumi (black ink) will be the primary medium used, with opportunities to work in color. Work with traditional tools, materials, brush methods, and approaches to subject matter, simplifying visual elements with minimal brush strokes to express your individual interpretation. Tu (6 sessions) 11/7 - 12/12 6:00 PM - 8:30 PM CEC 102 \$125 + \$10 Materials Fee

The Zentangle Method – An Introduction

Mea Steele

The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. It increases focus and creativitiy, provides artistic satisfaction along with an increased sense of personal well-being. The Zentangle Method is enjoyed all over the world, across a wide range of skills, interests, and ages: An elegant metaphor for deliberate artistry in life.

9:30 AM - 12:30 PM OLY 105

\$45 + \$10 Materials Fee

NEW! The Zentangle Method – Beyond the Basics Mea Steele

This second-level class builds on the basics of Zentangle using black tiles, a white gelly roll pen, Zenstone Chalk, and other tools. Learn more about highlighting and working in negative space, as well as new tangles that work differently in a white-on-black format.

Sa 11/18

9:30 AM - 1:30 PM OLY 105

\$59 + \$15 Materials Fee

MUSIC

Community Choir

John Lehrack

Perform the finest music from a variety of styles for large choral ensemble. No audition required. Register early, class size limited. (No class 11/20)

9/25 - 12/4 7:00 PM - 9:00 PM RSB 80 M (10 sessions)

C/N NEW! Jazz Vocal Workshop -

Beginning & Intermediate

Discover your inner voice through singing. Beginner and intermediate singers develop the voice through study of contemporary and standard jazz styles. Price includes lab fee. Visit: http://www.katiekingsings.com. Vocal Showcase at Tula's, Sunday 12/3/17, 3:00pm. (No class 11/22). Class will be held at Seattle Central Campus.

W (8 sessions)

10/4-11/29 6:00 PM-8:00 PM Off Campus/Broadway Performance\$235

Arts

C/N NEW! Singin' the Blues

Katie King

Learn the meaning and experience the sensation of the Blues through singing. Explore breathing techniques, forms of the Blues, Blues phrasing, and vocally expressing yourself Singin' the Blues. Have fun discovering your voice through this truly American art form. Come with an open mind and ready to participate. (No class 11/22). Class will be held at Seattle Central Campus.

10/4-11/29 8:10 PM - 9:35 PM Off Campus/Broadway Performance\$185 W (8 sessions)

Guitar - Beginning **Daniel Rapport**

Bring your guitar and learn basic guitar techniques and the fundamentals of music. Whether you want to learn to play guitar favorites or have aspirations to play in a band, this class will get you started! (Need to bring a guitar to class.)

W (6 sessions) 10/11 - 11/15 6:45 PM - 8:15 PM RSB 80

NEW! Introduction to Guitar

Learn to play guitar and become the musician you've always wanted to be! In these fun and informative lessons, you'll build basic guitar skills step-by-step with the help of hands-on exercises, audio and video recordings, and detailed illustrations.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

Music Made Easy

Marianne Muraswski

Learn the fundamentals of music theory. Be able to read, write, and play simple music. You'll gain a complete understanding of rhythm, melody, and harmony, and you'll be able to recognize pitches on the musical staff and the keyboard.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13 \$109

PHOTOGRAPHY

Bring a digital camera, instruction manual, charged battery, extra batteries, power cable, and extra memory cards.

NEW! Holiday! Digital Camera -

Getting Fantastic Photos this Holiday Season

Ray Pfortner

Explore how to get the most out of your camera whatever model you own. Learn what makes a great photograph, sharpen your visual literacy, and learn how to design a photograph and arrange the elements within it. Improve your eye by learning well-established principles of composition (as well as when and when not to apply them.) This class is ideal for all skill levels using any digital camera, point-an-shoot or digital SLR. Bring 5 of your own photographs (on a flash drive, DVD or as small prints) to share in the first class as a part of your introduction.

Th (2 sessions) 11/30 - 12/7 6:30 PM - 9:00 PM CEC 102

Digital Camera - Level 1 - Series

Meredith Blache

Significantly improve your photography skills using your own digital camera with instruction from our expert, Meredith Blache. Series includes: Get to Know Your Camera, Take Great Photos, and Getting Out of Auto Mode. Take the Series for

Sa (3 sessions) 9/30 - 10/14 9:00 AM - 1:00 PM OLY 102 \$175 + \$15 Materials Fee

Digital Camera - Level 1 – Get to Know Your Camera Meredith Blache If you are struggling to figure out how to use the many settings on your digital camera, you are not alone. Increase your enjoyment of photography by learning to efficiently use the full range of your camera's settings and menus in this in-depth class.

9/30 9:00 AM - 1:00 PM OLY 102 \$65 + \$5 Materials Fee

Digital Camera - Level 1 - Take Great Photos Meredith Blache

With the ability to see your photos instantly on your own digital camera comes the opportunity to quickly improve your photographic skills. This hands-on class provides tips on composition, lighting, and posing subjects. Learn to see the world through the lens like a pro.

9:00 AM - 1:00 PM OLY 102 \$65 + \$5 Materials Fee

Digital Camera - Level 1 – Getting Out of Auto Mode Meredith Blache Learn to use your digital camera to its fullest potential by mastering its multiple modes, allowing you to capture the best images possible. Learn how to take stop motion, long exposures, shallow depth of field, low light, and other manually controlled camera options.

10/14 9:00 AM - 1:00 PM OLY 102 \$65 + \$5 Materials Fee

Meet Meredith Blanche

Meredith Blache is a member of the Professional Photographers of America and an Adobe Education Leader with a degree in Information Technology. She has led innumerable workshops in digital photography and image editing across the country.



Photo Safari Field Trip: Woodland Park Zoo -All About the Birds

Meredith Blache

Seattle's Woodland Park Zoo is one of the nation's premier wild animal parks showcasing many species from around the world. Learn to photograph animal life in both indoor and outdoor exhibits. Discover how to read the light, how to anticipate the best action, and how to create the best possible images. Among the animals you might capture with your camera on this urban safari are flamingos, herons, cheetahs, turtles, antelopes, gorillas, vultures and maybe even the pandas! Note: Class Fee does not include Zoo admission fee.

10:00 AM - 2:00 PM Off Campus - Woodland Park Zoo \$69 10/21

Holiday! Photography - Street Life -Seattle's Holiday Lights

Meredith Blache

Master the challenge of low-light or night photography by building your digital camera skills and learning to adjust the settings. Class will meet in downtown Seattle and photograph the vibrant displays of the holiday season. Bring a tripod, if you have one.

11/29 6:00 PM - 9:00 PM Off Campus



Street Life Photography – Seattle's Holiday Lights. (Photo taken by student Robert Gloster)



NEW! Photography on Location:

Downtown Seattle and the International District Ray Pfortner

Explore some of Seattle's iconic architecture with your camera: The Central Seattle Public Llibrary with its incredible patterns and colors, the Bank of America Tower, the Wing Luke Museum with its historic exhibits, the restored Union Station, and the UPS Waterfall Park. In the process of capturing these sights, learn more about your camera, its settings, and how to compose a compelling photograph. For any level of experience using any digital camera: point-and-shoot, mirrorless, or DSLR. Note: Class Fee does not include Wing Luke Museum admission fee.

Sa 12/2 10:00 AM - 4:00 PM Off campus \$85

Travel Photography for the Digital Photographer

Beverly Richards Schulz

The lure of travel is surpassed only by the inevitable desire to bring home pictures and share your adventures with others. Address the special needs and techniques needed to capture scenes of animals in the wild as well as in captivity. Tips and tricks for capturing your vacation experiences.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13 \$109

NEW! Photographing People with

your Digital Camera Curt Simmons

Photographing people can be fun, exciting—and complicated! Make taking beautiful pictures of adults, children, and babies simple. Discover the best way to shoot faces, fix common close-up problems, and use digital photo editing techniques to retouch your photos and make other improvements.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13 \$109

POTTERY

Materials Fee paid at time of registration.



Members of the daytime pottery class.

NEW! Pottery Studio: Beginning Wheel Throwing & Handbuilding

g & Handbuilding Bethany Woll/Matt Whittemore

A great introductory class for those new to clay who would like to explore a variety of pottery techniques. Learn the basics, from hand building to beginning wheel throwing. Various methods of surface decoration and glazing will also be covered in this fun and welcoming class!

Tu (9 sessions) 10/3 – 11/28 6:00 PM - 9:00 PM RAH 111 \$155 + \$45 Materials Fee

Daytime Pottery & Handbuilding Bethany Woll

Those new to clay will gain hands-on experience with basic construction methods. Returning students will explore and further develop their skills. Experiment with a variety of glazing and surface techniques. Class is open to all skill levels.

Tu (10 sessions) 10/3 - 12/5 10:00 AM - 1:00 PM RAH 111 \$175 + \$45 Materials Fee

Pottery - Level 2

Miki Willis

This class introduces new forms and techniques to expand your throwing and decoration skills. Prerequisite: Ability to throw a cylinder. (No class 11/23)

Th (10 sessions) 9/28 - 12/7 6:00 PM - 9:00 PM RAH 111 \$175 + \$45 Materials Fee

Saturday Pottery Studio

liki Wi

Geared to students with intermediate pottery skills, this continuing course covers construction and decoration techniques needed to create a wide variety of projects in clay. Prerequisite: Beginning Wheel Throwing or Handbuilding.

Sa (10 sessions) 9/30 - 12/2 9:30 AM - 12:30 PM RAH 111 \$175 + \$45 Materials Fee

Saturday Pottery Studio Intermediate Wheel Throwing Miki Willis

This intermediate class is for students with an understanding of basic wheel throwing techniques. Weekly demos will introduce new forms and techniques to expand throwing expertise. Prerequisite: Beginning Wheel Throwing Pottery.

Sa (10 sessions) 9/30 - 12/2 1:30 PM - 4:30 PM RAH 111 \$175 + \$45 Materials Fee

SEWING

Sewing Basics M O'Lisa Johnson

Learn the language of sewing. Discover how to read a commercial pattern, lay out fabric, transfer pattern markings, cut out a printed pattern, and sew projects using a variety of techniques and applications. Leave class with projects sewn from each of the following categories: Apparel, home décor, and crafts. Fabrics and patterns provided which you get to keep. Please bring a working sewing machine. See the supply list link at www.LearnatSouth.org

Sa (4 sessions) 10/7 - 10/28 9:00 AM - 2:00 PM OLY 103 \$125 + \$15 Materials Fee

WELDING

Welding - Beginning Ornamental Steel

Mimi Riley

Do It Yourself! Create and take home your own steel sculpture or small project. Learn basic fabrication and hand bending techniques used to make wrought iron elements while focusing on low-tech processes and simple tools.

Sa,Su (2 sessions) 10/14 - 10/15 10:00 AM - 2:00 PM Off Campus \$160 + \$75 Materials Fee Sa,Su (2 sessions) 11/11 - 11/12 10:00 AM - 2:00 PM Off Campus \$160 + \$75 Materials Fee

Intermediate Welding, Power Tools, and Shop Equipment Mimi Riley
Learn the why's and wherefore's of working in a metal shop. The instructor will focus
on practical knowledge including grinding finishes and patina demonstrations. You'll
get time behind the power tools and become comfortable using them. Students
will complete short, basic exercises that put all this information into practice. After
completing the class, students will be eligible to rent shop time for individual projects.

Prerequisite: Welding - Beginning Ornamental Steel.

W (3 sessions) 10/18 - 11/1 5:00 PM - 9:00 PM Off campus \$199 + \$150 Materials Fee



Food & Wine

FOOD & WINE

Meet Bill Fredericks



Bill Fredericks has earned multiple certifications in chocolate manufacturing and is a member of the NW Chocolatiers Guild, the Fine Chocolate Industry Association, and the American Association of Candy Technologists. He teaches throughout the Puget Sound area and brings over 20 years of experience to his classes.

CHOCOLATE

Chocolate Truffle Workshop

Bill Fredericks

Learn to temper chocolate, hand dip centers, and use several different kinds of molds. Make eight different truffles using methods to flavor the ganaches utilizing fresh fruits, nuts, essential oils, herbs and spices, and liqueurs. Learn about the importance of chocolate quality. Leave class with a box full of incredible truffles.

10:00 AM - 4:00 PM PBA 103 & 113 \$95 + \$12 Materials Fee

Chocolate Tempering Tricks and Techniques

Perfect your chocolate tempering skills in this hands-on class. You will practice multiple methods of tempering chocolate and bring home goodies made using each technique. Build your confidence and refine your techniques to perfect this important step in chocolate making! Pre-requisite: Chocolate truffle making experience.

1:00 PM - 4:30 PM PBA 103 11/19 \$65 + \$10 Materials Fee

Holiday! Holiday Confections

Bill Fredericks

Creamy caramels, dark chocolate fudge, chocolate barks, and cherry cordials. Have you ever wanted to learn how to make the holiday season's favorite confections from scratch? Learn to make them all including fondant for the cordials. Emphasis will be on explaining the how and why of each step in the confectionary process as well as learning how to avoid the most common mistakes. Bring home a big box of delicious hand-made candies. No experience necessary.

12/9 1:00 PM - 4:00 PM PBA 103 \$49 + \$10 Materials Fee

COOKING

Become a More Confident Cook! **

Karen Binkhorst

Learn to create a satisfying meal from your pantry without any recipe at all. Gain knowledge of how to approach cooking a meal with confidence. Each class will focus on one or more culinary methods and techniques such as knife skills, sautéing, roasting, braising, soup and sauce cookery. We will use traditional and modern American, European, and Asian Pacific-influenced recipes that highlight the use and importance of these techniques. Open to all levels.

10/10 - 10/24 6:00 PM - 8:30 PM CAB - Main \$125 + \$40 Materials Fee

Cut Like A Chef – Level 1

Karen Binkhorst

Tired of spending so much of your cooking time chopping? With practice, you will be cutting like a pro! This hands-on class covers the techniques used in restaurants to quickly and safely chop vegetables, slice fruits and much more. Bring the knives you currently use and learn the basics of knife choice, sharpening, and maintenance.

\$45 + \$10 Materials Fee

Cut Like a Chef - Level 2

Karen Binkhorst

Enhance your kitchen confidence with this advanced cutting class. Learn to fillet fish, cut up a whole chicken, slice meat and more. Learn practical applications of professional cutting techniques.

6:00 PM - 8:30 PM CAB - Main \$45 + \$15 Materials Fee

Chinese Steamed Bun (Hum Bao)

& Pot Stickers

Fumiko Kurose-Bretzke

Dim sum is a style of Chinese cuisine prepared as bite-sized portions of food served in small steamer baskets or on small plates. In this hands-on class, learn to make two of the most popular, delicious Chinese dim sum dishes: Steamed Bun (Hum Bao) and Pot Stickers (dumplings).

6:00 PM - 9:00 PM CAB - Main \$45 + \$15 Materials Fee

NEW! It's Just Pie

Andrea Hayford

Do you find the idea of making a pie from scratch intimidating? Gain the basic skills that will give you the confidence to make pies at home without using pre-made pie dough from the grocery store. Learn to make two types of classic pie dough and then create two versions of Apple Pie: a classic two-crust version, and a one-crust version with a delicious, versatile crumb topping. Go home with a fresh baked pie and pie dough to use for your next homemade pie.

9:00 AM - 12:00 PM PBA 106 \$39 + \$10 Materials Fee

Sushi Roll Basics M

Fumiko Kurose-Bretzke

Learn the basics of making perfect Sushi Rice and beautiful Maki Rolls in this handson class. Along with basic vocabulary and etiquette, you will leave with the ability to create the tasty Sushi you love right at home. All food and supplies are provided. 6:00 PM - 9:00 PM CAB - Main \$45 + \$15 Materials Fee

Meet Karen Binkhorst

Karen Binkhorst is a busy and well-respected personal chef, culinary instructor, cookbook author, and caterer in Seattle. She has inspired generations of home cooks by teaching them tips and techniques for getting the most taste, value, and nutrition from their meals.



Food & Wine

ICING DECORATIONS

Cookie Decorating – Custom Cookies

Jeanine Garcia

Discover how to create custom-decorated cookies that will be remembered long after they've been devoured. Learn fun techniques for using buttercream and royal icing flooding to customize cookies for any occasion.

M 10/2 6:00 PM - 8:30 PM PBA 102 \$35 + \$15 Materials Fee

NEW! Royal Icing Flower Decorating 👬 Jeanine Garcia

Learn to use royal icing to create wonderful flowers in a fun and decorative way. With these techniques you will be able to give your cakes, cupcakes, and cookies that perfect finishing touch. The techniques taught in this class can also be utilized with buttercream.

M 10/9 6:00 PM - 8:30 PM PBA 102 \$35 + \$15 Materials Fee

Discover how to pipe great flowers and borders in buttercream to give that perfect finishing touch to your cupcakes. Flower decorations include Sweet Pea, Primrose, Rosebud, Half Rose, and Sunflower. Learn to finish borders with Dot, Bead, Shell, Rosette, and Zig-Zag.

M 10/16 6:00 PM - 8:30 PM PBA 102 \$35 + \$15 Materials Fee

WINE & SPIRITS

Must be at least 21 years of age. Bring photo ID.



WINE

Sommelier Dieter Schafer introduces you to wine types, grapes, varietals, and wine regions of the world, as well as the basics of reading a wine label. Gain hints for smart buying, proper storing and aging. Also included is discussion of wine-and-food pairing: What matches well, what doesn't, and why. Tastings each session.

Tu (3 sessions) 10/10 - 10/24 6:00 PM - 9:00 PM JMB 140 \$99 + \$21 Materials Fee

NEW! Holiday! Holiday Wines for Any Budget Dieter Schafer
Let Sommelier Dieter Schafer guide you to becoming an expert in serving the right
wines with holiday dinners, at casual parties, or at your own wine tasting events.
Learn by tasting six wines from around the world. Class will also cover serving
techniques and temperatures, as well as the proper glassware for any occasion.

Tu 11/14 6:00 PM - 9:00 PM JMB 140 \$69 + \$14 Materials Fee

NEW! French Wine Update ******

Dieter Schafer

Dieter Schafer is backfrom his most recent fact-finding mission. Learn what Parisian brasseries, bistros, and wine bars are currently pouring while tasting six of the many wines available locally. Loire Vallee Cabernet Franc, Southwest Malbec, and Alsace Cremant are "en vogue."

Tu 11/21 6:00 PM - 9:00 PM JMB 140 \$69 + \$14 Materials Fee

NEW! Champagne for Any Taste and Budget Dieter Schafer
Taste Champagne and Crémant from France, Sparkling Wine from Washington
and California, Spanish Cava, and Italian Prosecco, and Champagne, the ultimate
celebration bubbly. Learn from Champagne aficionado Dieter Schafer about styles,
what the label tells you, how Méthode Champenoise wines are produced, buying
strategies, proper service, etiquette, and how to match these wines with food. Take
advantage of this unique opportunity to "try a variety of bubblies".

Tu 11/28 6:00 PM - 9:00 PM JMB 140 \$59 + \$16 Materials Fee

SPIRITS

(N NEW! A Regional Tour of Scotch Whisky Christopher Grondeck

Learn about the most legendary whisky in the world as you taste Scotches from the Highlands, Lowlands, Speyside, Islay, Campbeltown and the Islands. We'll explore the diversity of Scotland's whisky traditions, along with the history of Scotch, how it's made, and how to fully appreciate it. Taught by Christopher Gronbeck, owner of The Barrel Thief Wine & Whiskey Bar in Fremont, and Sommelier David LeClaire of Seattle Uncorked.

M 10/16 6:00 PM – 8:00 PM Off Campus/The Barrel Thief \$39 + \$20 Materials Fee

WINE & FOOD PAIRING

NEW! Wine and Food Pairing – Series Tom DiStefano & Guests

Increase your knowledge of wine and food pairing with this Series of three classes: Introduction to Wine and Food Pairing, Pairing the Wines and Food of Burgundy, Pairing the Wines and Food of Germany. Gain basic principles and tips for delicious wine and food pairing. The perfect pairing enchaces both the wine and the food. These classes are co-sponsored by the West Seattle Cellars. (No class 10/13, 10/27, 11/3)

F (3 sessions) 10/6 - 11/10 - 6:00 PM - 8:30 PM NWWA 109 \$109 + \$45 Materials Fee

NEW! Introduction to Wine and Food Pairing

Everyone wants to know: "What wine goes with (fill in the blank)?" Wine and food pairing can be pretty complex, but this class breaks it down into the basics, focusing on the fundamental components in wines and foods and how to match them. Your meals and dinner parties will never be the same!

F 10/6 6:00 PM - 8:30 PM NWWA 109 \$39 + \$15 Materials Fee

NEW! Pairing the Wines and Food of Burgundy

The French region of Burgundy is the ancestral home of both Pinot Noir and Chardonnay, and thus one of the most important wine regions in the world. It's also home to one of the most famous and interesting regional cuisines in France, giving the world such dishes as Beef Bourguignon, Escargots, and Coq au Vin. You'll have a chance to taste for yourself how and why these wines pair so well with classic Burgundian foods.

F 10/20 6:00 PM - 8:30 PM NWWA 109 \$39 + \$15 Materials Fee

NEW! Pairing the Wines and Food of Germany

German wine is in the middle of a fascinating transition, with more dry wine being produced in addition to the traditionally off-dry Rieslings. Both styles of wine are exceptionally food-friendly, pairing well both with traditional German foods and the "New German Cuisine" that has emerged in the last ten years. Experience an outstanding selection of German wines, paired with quintessentially German breads, vegetables, meats and cheeses. Prost!

F 11/10 6:00 PM - 8:30 PM NWWA 109 \$39 + \$15 Materials Fee



Enrichment

ENRICHMENT

Meet Miles Goodwin

With over four decades of successful personal investment experience, Miles Goodwin is passionate



about introducing students to the varied aspects of investing. He also loves to assist students in determining their individual risk tolerance and finding their "inner investor."

FINANCE

Investment Basics: Finding Your "Inner Investor" Miles Goodwin

This course introduces the various aspects of investing, assisting students in determining personal risk tolerance, and helping each find their "inner investor." Learn about basic investment concepts and determine which methodology works best for you. No prior financial/investing experience or accounting background is needed. Some basic accounting concepts for investors will be covered. No textbook is required; a reading list of suggested books will be provided for students to pursue on their own.

Tu (8 sessions) 10/10 - 11/28 6:30 PM - 8:30 PM OLY 202 \$159 + \$10 Materials Fee

FREE! Welcome to Medicare

SHIBA Staff

\$109

Need help understanding Medicare? This free workshop is for anyone who wants to learn more about Medicare health coverage. Various plan options, prescription drug coverage, and supplements will be discussed. This class is taught by a trained advisor from the Statewide Health Insurance Benefits Advisors program which provides free, unbiased and confidential assistance with healthcare choices.

9:30 AM - 11:30 AM OLY 202

Stocks, Bonds, & Investing: Oh, My! **Aaron Clarey**

Walk through the fundamentals of investing. Stock markets, 401k plans, retirement and personal financial issues are often ignored, but absolutely essential, to your success as an investor. This is a comprehensive and thorough survey of personal finance and investment.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

NEW! Real Estate Investing

This course includes specially designed worksheets and hands-on activities to

take the guesswork out of your investing efforts. By emphasizing systems and service, this course will help you do more with less effort while serving the needs of your buyers and sellers.

Start dates 9/13, 10/18, 11/8, 12/13 www.ed2go.com/southsea/

HOME

Hands-On Home Repair and Maintenance

Peter Marx

Through hands-on experience, learn a variety of home improvements, how systems work in your home and maintenance skills. Emphasis is on hand and power tool selection, operation and personal safety, kitchen and bath remodeling, electrical, plumbing, wall repair, materials and methods, home security, and weatherization. Bring a sack lunch for a 30-minute lunch break.

10/21 9:30 AM - 4:30 PM LHO 2 \$105 + \$40 Materials Fee

C/N Basic Carpentry & Woodworking

Do you have power tools and want to learn how to use them safely and effectively? Learn the basics of joinery, jigs, materials, methods, and project design in a woodshop. After selecting your materials, you will apply your newly-acquired skills to construct your own toolbox. Class held on UW Campus.

Th (3 sessions) 11/2 - 11/16 6:00 PM - 9:30 PM Off Campus/ \$135 + \$40 Materials Fee UW Art Bldg



GARDEN

FREE! Guided Tour of the Arboretum & **Botanical Garden at South Seattle College**

Van Bobbitt

Enjoy a complimentary tour of South's Arboretum & Botanical Garden and learn how to turn your own garden into a botanical gem! Natives, ornamentals and many noteworthy specimens for the urban garden will be featured. A professional horticulturist will guide you through the gardens of the Arboretum, providing a "right plant, right place" perspective to guide your landscape designs.

12:30 PM - 1:30 PM Arboretum entrance

NEW! All About Trees: From Selection to Maintenance Bill Hibler

Wondering how to take care of your trees? Need to choose a new tree for you yard? Learn about the varieties of trees available, their colors, shapes, and sizes, how and when to plant a tree, and how to ensure it gets off to a healthy start. Gain answers to essentials questions about tree care: What are the sun and water requirements for best results? What are potential problems, their symptoms, and treatments?

6:30 PM - 8:30 PM LHO 3

NEW! Get to Know Washington's Native Trees Van Bobbitt

Let retired South Seattle horticulturist, Van Bobbitt, be your guide in learning how to use a simple botanical key to identify native trees while hiking in natural areas (e.g., Schmitz Park, West Duwamish Greenbelt, Cascade Mountains). Learning to identify trees can change the way you relate to nature. Instead of just seeing trees, begin to see a diversity of species, learn their names, and gain an appreciation of their environmental adaptations and landscape uses.

6:30 PM - 9:00 PM LHO 2

Enrichment



The instructor, Mark Pollock, clarified do's & don'ts and provided recommendations for good websites and other resources. Good visuals, great overview, and well-spoken.
I gained a better understanding of soil, how to improve it, and which plants to use.

Meet Robert Cho

Robert Cho is an accomplished Bonsai/Penjing artist who has spent 30 years working with Bonsai and sharing his skill and love of this art form. He owns and operates a nursery near Seattle where he grows thousands of Bonsais and teaches classes.

Bonsai for Beginners

Robert Wai Cho

This class offers an introduction to the art of Bonsai (Penjing) gardening. You will learn from a master how to create and maintain your first bonsai. Class covers the care required, soil, fertilization, appropriate trimming, and the use of wires to control the shapes of the branches and trunks. (Bonsai plant and dish available for optional purchase for a \$30 materials fee.)

Sa 11/11 1:00 PM - 4:00 PM LHO2 \$49 + \$30 Materials Fee (optional)

NEW! Preparing Your Garden for Winter

Mark Pollock

Late October/early November is the perfect time to start preparing your garden for the cold, wet Winter weather to come. It's also a great time to add compost and mulch, plant new additions to your garden, move things around, and divide perennials. Class will also cover information and guidance about Fall and Winter pruning (which plants to prune, when, and why).

Sa 10/21 10:00 AM - 12:00 PM LHO 3 \$29

Introduction to Landscape Design M

Blair Constantine

Why come home to a barren lawn and drab plantings when you could be greeted by your own beautiful oasis? Learn the secrets professionals use to create landscapes that are functional, ecologically beneficial and aesthetically pleasing. Employing slides, lecture and handout materials, you'll learn both design theory and practical tips for transforming your yard into a lovely, welcoming space.

W (2 sessions) 11/1 - 11/8 7:00 PM - 9:30 PM LHO 2 \$59

GEOLOGY ADVENTURE

C/N NEW! Geology Adventuring in the Puget Sound Region

Tom Braziunas

The Seattle landscape supports a rich geologic past that includes huge ice sheets, mega-earthquakes, explosive volcanoes and massive floods that left their signature on our mountains, hillsides, shorelines and the ground beneath our feet. Join us for a user-friendly introduction to the geology of our neighborhoods and skylines. Learn how to identify our rocks and fossils and what they tell us about Seattle's past, present and future. Then take your new expertise for a test run with a field trip to the beautiful cliffs of Discovery Park to interpret and appreciate the dynamic scenery left behind by recent ice ages. Class meets on campus on Thursday with a field trip on the following Saturday to Discovery Park (details given in Thursday class). Class will be held at North Seattle Campus.

Th, Sa (2 sessions) 10/5, 10/7 6:30 PM – 9:00 PM Off Campus/North Seattle

Meet Mark Pollock

A graduate of South's Landscape Horticulture Program, Mark Pollock is now an instructor in that Program and is the Faculty Coordinator of South's Arboretum. In addition, he runs his own landscape maintenance and design company, **Folkestone** Gardening.



Enrichment



MIND-BODY

NEW! Connecting with What's Next Ginger Wilkinson/Nancy Dunn

As we journey through life we encounter milestones that bring changes and opportunities for us to look differently and realistically in our lives. These changes are an invitation to explore what matters most, now and in our lives going forward. In this course, you'll use a variety of creative approaches to help focus on important aspects that you want to experience in a powerful and meaningful life. Leave with a personal vision that you can build upon as you live your desired new life.

W (3 sessions) 11/1-11/15 6:00 PM - 9:00 PM On Campus \$129 + \$10 Materials fee

Feldenkrais – Awareness Through Movement

Getting your mind and your body working together makes everything better! Feldenkrais Awareness Through Movement® combines guided attention with gentle, playful movement explorations to develop improved self-use. Sit, stand, walk, run, dance, garden, work, and play with greater ease, focus, agility, power, and balance. Great for all ages. No special movement skills required—just bring your curiosity. (No class 11/25)

10/14 - 12/9 9:00 AM - 10:00 AM MPB 5 Sa (8 sessions)

Tai Chi for Beginners - Yang 24

Viola Brumbaugh This ancient martial art is practiced daily by millions worldwide to improve balance,

strength, flexibility, and promote overall health. Through structural improvement, relaxation, and flow, learn to gently exercise the entire body inside and out, harmonizing mind, body and spirit. (No class 11/22)

10/4 - 12/13 5:30 PM - 6:30 PM CEC 101

Qigong - Health of Body, Mind and Spirit Viola Brumbaugh

Improve your health, increase your energy, and speed your recovery from illness. Qigong's stretching and strengthening movements activate "qi" in your body, stimulate your immune system, strengthen your internal organs, and rejuvenate your soul. (No class 11/22)

W (10 sessions) 10/4 - 12/13 6:45 PM - 7:45 PM CEC 101 \$130

C/N NEW! Intuitive Art: Paint for Your Life

This inspiring class will make use of all your senses. By taking an experiential/ exploratory approach, you will crawl under the surface through dance, writing, movement, painting and music. By responding to your environment, you will be manipulated by a projection of various visuals, and specifically selected music, which will engage you with the creative process to befriend your self-expressions. This highly encouraging safe environment will allow you to "travel" and discover. Participants will work solo and within a group. During the last class, students will have the opportunity to share and perform their expressions. See www.LearnatSouth. org for required materials. Class will be held at Seattle Central Campus.

Tu (6 sessions) 9/26/ - 10/31 6:30 PM - 8:30 PM Off Campus/ \$145 Fine Art Bldg., 801 E Pine St

C/N NEW! Poetry Workshop

John Newman

In this upbeat workshop, you will receive insightful feedback on the strengths of your poems and the potential for revision as well as build skills in providing constructive criticism as part of the community of writers. In addition, you will read and discuss the work of accomplished poets and explore important elements of the craft of writing poetry. Class will be held at North Seattle College. No class on 11/25.

Sa (7 sessions) 10/14-12/2 10:00 AM-12:00 PM North Seattle/CC Bldg

C/N NEW! Purpose, Passion & Vision:

The Art of Vision Boarding

Linda Upshaw

Through creative visualization using virtual reality goggles, writing exercises, brainstorming sessions, self-inventories and the creation of a vision board, students will gain insight into what they wish to create in their lives. They will learn how to create three different types of vision boards, and will select a vision board that reflects their best intention. See www.LearnatSouth.org for required materials. Class will be held at Seattle Central Campus.

Tu (6 sessions) 11/7 -12/12 6:30 PM - 8:30 PM Off Campus Fine Art Bldg., 801 E Pine St

The Zentangle Method – An Introduction

The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. It increases focus and creativitiy, provides artistic satisfaction along with an increased sense of personal well-being. The Zentangle Method is enjoyed all over the world, across a wide range of skills, interests, and ages: An elegant metaphor for deliberate artistry in life.

9:30 AM - 12:30 PM OLY 105 \$45 + \$10 Materials Fee

NEW! Introduction to Natural Health & Healing Theresa Snyder True health means wholeness of the mind, body and spirit. Learn how to promote

wellness, balance, and health in all aspects of your daily life. www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

NEW! Introduction to Journaling Chervl Simpson

Discover how journaling can help you learn more about yourself, explore your dreams, values, and beliefs, improve your health, survive unwanted change,

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13 \$109

SENIOR ADULT

\$99

Genealogy Sarah Little

Learn research methods, sources of information, terminology, and practical guidelines for compiling your family history and genealogy. The instructor is a past president of the Seattle Genealogical Society. (No class 11/24)

F (10 sessions) 9/29 - 12/8 9:30 AM - 11:30 AM CEC 102 \$63.10

The U.S. 1929-1941; The USSR, India, China, and Japan 1918-1939

succeed in your career, and express your creativity.

James Lockerbie

What caused the worldwide depression of the 1930's? What were the purposes, accomplishments, and failures of FDR's New Deal? Why did the U.S. wait until Japan's attack on Pearl Harbor to enter World War II? What were the results of Lenin's and Stalin's dramatic changes in the USSR? What influence did the USSR have on India, China, and Japan? Through lectures, discussions, and motion pictures, this class will explore answers to these questions. (No class 11/10, 11/24)

F (9 sessions) 9/29 - 12/8 10:00 AM - 12:15 PM Senior Center of West Seattle

INSTRUCTORS WANTED!

South's Continuing Ed is always looking for qualified instructors with expertise in the topic areas found in this schedule.

Want to share your passion and knowledge with others? No degree required. Please consider submitting a proposal to us.

> Go to www.LearnatSouth.org/teach or email us at southced@seattlecolleges.edu

Language



LANGUAGE

If the language class has a recommended book the information is listed in the online description at www.learnatsouth.org. Some classes do not have a recommended book but will have handout materials supplied by the instructor.

AMERICAN ENGLISH

American English Idioms -

Letting the Cat out of the Bag

Peter Whelan "Letting the cat out of the bag" has nothing to do with cats, "Ships that pass in the

night" has nothing to do with ships, and "Casting pearls before swine" has nothing to do with pigs or pearls! These are just a few examples of commonly used American English idioms. Gain a working knowledge of over 100 useful idioms plus a list of references for continued learning.

10/3 - 10/24 6:00 PM - 8:30 PM OLY 204 Tu(4 sessions) \$95

American English - Using the Right Word **Peter Whelan**

Do you use the word "affect" or "effect", "past" or "passed," "council" or "counsel," "lie" or "lay," "fewer" or "less," "specially" or "especially," "continual" or "continuous"? Often we use the wrong word because it gets confused with another word. Learn to distinguish between the meanings and grammatical usage of many commonlyused words to help you use them correctly.

Tu (3 sessions) 10/31 - 11/14 6:00 PM - 8:30 PM OLY 204

Ellen Feld

Explore the basics of English grammar – like sentence structure and punctuation - and more advanced concepts - like logic and clarity. Reacquaint yourself with old rules, meet some new ones, and discover your own grammatical strengths.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

NEW! Writing for ESL

Learn how to write in English more effectively to succeed in college and at work.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13 \$109

ASL

American Sign Language (ASL) 1 M

Lorretta Watanabe

This is an introductory course in American Sign Language (ASL) and deaf culture in the US. Learn the manual communication alphabet for fingerspelling words and names, basic signs for simple communication, appropriate cultural norms, and experiential signs from class interactions. (No class 11/21)

Tu (8 sessions) 10/10 - 12/5 6:00 PM - 8:00 PM OLY 105 \$145 + \$5 materials fee

American Sign Language (ASL) 2

Lorretta Watanabe

Continue to develop vocabulary, facial expressions, and receptive skills to increase your communication with the deaf. Additional cultural information will be supplied. Prerequisite: ASL 1. (No class 11/23)

10/12 - 12/7 6:00 PM - 8:00 PM OLY 105 Th (8 sessions)

Discover Sign Language

Jennifer Carmen

Discover the fun of learning sign language and using your hands to communicate with deaf people.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

CHINESE

Mandarin Chinese for Fun - Level 1

Nancy Mar

\$145

This class covers basic knowledge of the language, the country, the people, and the culture. Learn basic daily conversational skills on various topics including: Greetings & self-introductions, shopping, getting around in China, business etiquette, going to restaurants, sightseeing, transportation, making reservations, purchasing tickets, numbers, survival language expressions, and much more. (No class 11/25) Sa (8 sessions) 10/7 - 12/2 9:00 AM - 10:30 AM OLY 100

Mandarin Chinese for Fun - Level 2

This class is a continuation of Level 1. Use this class to expand your vocabulary and speaking skills on various topics covered in Level 1, plus gain a basic understanding of the business etiquette in China. (No class 11/25)

Sa (8 sessions) 10/7 - 12/2 10:45 AM - 12:15 PM OLY 100 \$125



Meet Lorretta **Watanabe**

ASL is **Lorretta** Watanabe's passion, a subject she has been teaching at the high school level for 21 years. She majored in special education with a focus on

ASL and interpreter training, earning her teaching certificate from Central Washington University.

Language

FRENCH

French 1 Robert Gloster

Learn French at your own pace in a fun and relaxing setting. Develop your vocabulary and useful expressions you will need when encountering different situations while traveling in a French-speaking country. Perfect choice for those with little or no background in the French language. (No class 10/18, 11/22)

W (8 sessions) 10/4 - 12/6 6:00 PM - 8:00 PM OLY 103

Petra Zanki French 2

Increase your knowledge of the French language including speaking, grammar and vocabulary. Expand your conversation skills in an informal, supportive small group atmosphere. Concentration will be on oral use of the language in dealing with everyday situations. Prerequisite: French 1 or equivalent.

10/2 - 11/20 6:00 AM - 8:00 PM OLY 105 \$145 + \$5 materials fee

Beginning Conversational French Amy Page

Discover how easy it can be to learn common words and phrases for both leisure and business.

Start dates 9/13, 10/18, 11/8, 12/13 www.ed2go.com/southsea/ \$109

ITALIAN

Italian 1 Martina Stoewer

Join us for this beginning class that introduces you to essential grammar, correct pronunciation and modern practical vocabulary. Explore a new culture and language in a relaxed and informal atmosphere to begin to formulate conversations in Italian! (No class 11/21)

Tu (8 sessions) 10/10 - 12/5 6:00 PM - 8:00 PM On Campus \$145 + \$5 materials fee

Martina Stoewer

Increase your knowledge of the Italian language including speaking, grammar, and vocabulary. Emphasis will also include oral practice with conversation on cultural elements. (No class 11/22)

W (8 sessions) 10/11 - 12/6 6:00 PM - 8:00 PM OLY 202 \$145 + \$5 materials fee

Italian 3 Josefina Moschella

This class is for students who have previously studied Italian. Participants will further conversation skills in an informal, supportive setting as well as continue learning more grammar. (No class 11/22)

10/4 - 11/29 6:10 PM - 8:10 PM OLY 111 W (8 sessions) \$145

Italian Parliamo Josefina Moschella

Enhance your conversation and comprehension skills. This class is conducted in Italian and is designed for those with a good command of the Italian language. (No class 11/22)

W (8 sessions) 10/4 - 11/29 4:00 PM - 6:00 PM OLY 111

Instant Italian Robert Bertoldi

Learn Italian from the comfort of your home in this fun and enjoyable online course.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

JAPANESE

Japanese for Travelers M Janelle Cook

Planning a trip to Japan? Optimize your experience by learning basic language skills you need to navigate public transportation, shopping and dining, while focusing on the culture, etiquette and regions of Japan. (No class 11/22)

W (4 sessions) 11/1 - 11/29 6:30 PM - 8:30 PM OLY 105 \$85

Conversational Japanese Ririko Hayashi

Whether you want to learn conversational Japanese for travel or just fun, you'll find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

Meet Janelle Cook



Janelle Cook has worked in the international travel industry for over 25 years, and believes in the transformational power of travel. She particularly loves walking vacations, and hopes to eventually complete the entire 750 mile, 88 temple Shikoku Pilgrimage in Japan.

SPANISH

Spanish for Fun and Travel M

Planning a trip to a Spanish-speaking country or want to learn more about Spanish culture and language? This class emphasizes speaking and comprehension at the novice level. Learn about cultural, historical and social points of interests. Practice useful phrases, vocabulary, basic verb conjugation, and pronunciation. (No class 11/21)

Tu (8 sessions) 10/10 - 12/5 6:00 PM - 8:00 PM OLY 206

Spanish 1 Sally Andrews

Spanish 1 introduces the basic aspects of the language. Emphasis is on practice, confidence building and language topics including introductions, places, work, and food. Class focuses on improving speaking and listening with some attention to basic grammar such as present tense and future tense using "going to." Short texts are introduced for reading and as prompts to begin writing basic sentences. By the end of the course, you will be able to apply the above information in structured environments. (No class 11/23)

10/12 - 12/7 6:00 PM - 8:00 PM OLY 204 Th (8 sessions)

Spanish 2 Sally Andrews

Continue your introduction to the language and focus on improving speaking and listening skills. Emphasis is on practice and confidence building. Grammar points include: Review of the present tense and future tense using "going to" and introduction to the past tenses. Texts are introduced for reading practice and to prompt discussion and practice writing short paragraphs. (No class 11/21)

10/10 - 12/5 6:00 PM - 8:00 PM On campus Tu (8 sessions)

Spanish 4 Rvan Judge

Continue to expand your Spanish language conversation skills as well as developing a deeper cultural understanding of a variety of Spanish-speaking countries. Prerequisite: Spanish 3 or equivalent. (No class 11/22)

W (8 sessions) 10/11 - 12/6 6:00 PM - 8:00 PM On campus \$145

Speed Spanish I, II, & III

Dan Mikels

Learn shortcuts to help you engage in conversational Spanish, as you build your language skills & develop fluency.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13 \$109

Language

Spanish for Medical Professionals Tara Bradley Williams

With increasing numbers of Spanish-speaking patients entering the healthcare system each year, it's more crucial than ever for health professionals to learn medical Spanish. This course focuses on survival Spanish medical personnel really need to know in a medical setting.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

NEW! Spanish for Law Enforcement **Tara Bradley Williams**

 $Clear\,\&\,quick\,communication\,is\,crucial\,to\,law\,enforcement.\,Mastering\,basic\,Spanish$ will give you more power to handle situations involving Spanish-speaking victims, witnesses, or criminals. Learn basic Spanish phrases for everything from making casual conversation to handling life-or-death situations.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

Spanish in the Classroom **Tara Bradley Williams** Whether you took a Spanish class 20 years ago and just want to brush up a bit, or you have never taken a Spanish class, you'll learn essential Spanish for teachers and bridge the communication gap with your Spanish-speaking students & parents.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

TRAVEL

Solo Women Travelers M

Janelle Cook

\$109

There are more options for the solo woman traveler than the dreaded singles' cruise! Traveling on your own can seem intimidating, but not once you learn the basic travel skills you need to be on your way! This class focuses on how to choose your destination wisely, how to travel safely and enjoyably, and to how to meet likeminded solo travelers at your destinations. This class is all about women traveling on their own, and on their own terms.

10:00 AM -12:00 PM OLY 105

Shop anytime for your friends, family, and colleagues!



Give an eGift Card or certificate from South for a Continuing Education class of their choice.

> Order directly online at www.LearnatSouth.org or give us a call at 206-934-5339.



Preparing to Travel?

Let Continuing Education at South help!

Learn a new language or increase your skills (page 13-15). For Online language classes in: French, Japanese, Italian and Spanish visit www.Ed2Go.com/southsea/

Traveling Solo? Try this class for tips (page 15).

Keep memories fresh and develop scenic photographic skills with Digital camera and Fieldtrip classes (page 6-7).

Indulge in the culinary delights of other nations and cultures. Sample cooking and wine & food pairing from Chinese, Japanese, French and German Cuisine. (page 8-9).



Computer



COMPUTER

SOUTH SEATTLE COLLEGE ADVANTAGE

- Classes taught using Windows 7 Operating System
- Most onsite Microsoft application classes will be taught using Office 2013
- Clock hours and CEUs are available for all computer classes

Additional computer classes available online for Microsoft Office – see www.ed2go.com/southsea for more information.

FREE! Computer Training Preview Jesse Braswell

Come to this free Preview of South's computer classes. Staff will help you determine which classes best meet your needs through one-on-one advising. Registration for future computer classes and workshops will be available at the Preview. Preregister to receive a complementary parking permit.

Tu 9/26 6:00 PM - 7:00 PM OLY 104

SERIES

Computer Basics for 55+ Series

Jesse Braswell

Learn to make the most of your computer. This Series covers fundamental skills and includes four classes: Know Your Keyboard, Make the Most of Internet Email, Keep Your Computer Healthy, and Searching Successfully on the Internet.

Th (4 sessions) 10/19 - 11/9 2:30 PM - 4:30 PM OLY 104 \$99 + \$15 Materials Fee

Computer Series 2013 – Level 1

Jesse Braswell

This Series gives you all you need to get started with your computer and includes the following three classes: Windows Fundamentals - Level 1, Word 2013 - Level 1, and Excel - Level 1. NO EXPERIENCE NECESSARY. Take the Series for a savings. All books are included. (No class 10/24)

Tu,Th (7 sessions) 10/3 - 10/26 6:00 PM - 9:00 PM OLY 104 \$325 + \$15 Materials Fee

Computer Series 2013 - Level 2

Jesse Brasell

This Series is for working professionals in a business or home office setting. It is designed to keep your computer skills competitive. For the most skills, greatest choice and best savings, take this selection of Microsoft Office classes. Basic computer experience needed. The Series includes: Level 2 Word and Excel, and Basic PowerPoint. All books included.

M,W (7 sessions) 10/30 - 11/20 6:00 PM - 9:00 PM OLY 104 \$325 + \$15 Materials Fee

Excel 2013 – Immersion Series Jesse Braswell

Here is your chance to learn hands-on about virtually every aspect of Microsoft's Excel spreadsheet program. MS Excel in one of the most powerful computer tools at our finger tips and most people only use a fraction of the program's capacity. Increase production and reduce time completing complex and simple reports. Three consecutive Saturdays classes will cover Excel 2013 Level 1, Level 2, and Level 3 under the skillful guidance of our MS expert. Take the Series for a savings. All books included.

Sa (3 sessions) 10/21 - 11/4 9:00 AM - 4:30 PM OLY 104 \$325 + \$15 Materials Fee

CLASSES FOR 55+

Know Your Keyboard

Jesse Braswell

Learn basic key functions and how to use them to improve computer efficiency, send your computer commands, and more. This is a great class to take before any computer classes.

Th 10/19 2:30 PM - 4:30 PM OLY 104 \$29 + \$4 Materials Fee

Make the Most of Internet E-mail

Jesse Braswell

Learn to use e-mail as an effective communication tool. Discover email etiquette and the do's and don'ts that experts agree are the best ways to organize, write, and get results using e-mail.

Th 10/26 2:30 PM - 4:30 PM OLY 104 \$29 + \$4 Materials Fee

Keep Your Computer Healthy

Jesse Braswell

Learn what you need to know to keep your computer, laptop, and smartphone healthy and safe. This class will cover the basics of cybersecurity (anti-virus software protection, firewalls, malware, phishing, etc.), and what to do about all those software and application update notices you receive.

Th 11/2 2:30 PM - 4:30 PM OLY 104 \$29 + \$4 Materials Fee

Searching Successfully On The Internet

Jesse Braswell

Are you tired of all the confusion when you go to search for information online? Learn the ins and outs of surfing the Internet. This hands-on class gives you the tools to find what you want on the Internet, teaches you how to use the most effective search engines for the task, and familiarizes you with e-mail techniques to help you communicate online. Discover the wealth of information and resources available to you on the Internet and create a free e-mail account.

Th 11/9 2:30 PM - 4:30 PM OLY 104 \$29 + \$4 Materials Fee

ESSENTIALS

Windows Fundamentals - Level 1

Jesse Braswell

Learn to navigate the Windows operating system with ease! Through personal attention from the instructor to answer your questions along the way, you will be able to master its basic tools and functions, providing you with a smoother computer experience. No experience necessary. Book included.

Tu,Th (2 sessions) 10/3 - 10/5 6:00 PM - 9:00 PM OLY 104 \$135 + \$5 Materials Fee

Windows 10 Update

Jesse Braswell

Do you have a new computer with Windows 10 or recently upgraded? Whether you're new to computers or have years of experience, learn to command the Windows 10 interface while creating documents, sending email, browsing the Internet, and sharing information between applications and with other users. Also, learn special shortcuts to increase productivity. Bring a laptop loaded with Windows 10.

11/28 6:00 PM – 9:00 PM OLY 104 \$35

Basic PowerPoint 2013

Jesse Braswell

Effective PowerPoint presentations are easy to create. Learn how to add organizational charts, animated features, and other graphics, along with the basic techniques of creating and producing slides, overhead projections, and speaker's notes. Book included.

W,M (2 sessions) 11/15 - 11/20 6:00 PM - 9:00 PM OLY 104 \$135 + \$5 Materials Fee

Organize Your Work with OneNote

Jesse Braswell

Designed to function as an electronic version of a paper notebook, Microsoft OneNote is a note-taking and personal information management application for collecting, organizing and sharing digital information. Learn to store text notes, photos, audio and video snippets, handwriting and similar content, and how OneNote collects and organizes the information, making it available for searching as well as sharing with others.

Th 11/2 6:00 PM - 8:00 PM OLY 104 \$29 + \$4 Materials Fee

Computer

Overview of Social Media

Jesse Braswell

Learn the basics of the Internet's most popular social media platforms: Facebook, Twitter, Pinterest, Instagram, and Snapchat. Discover tips and secrets for effective use of these ubiquitous applications on your computer, laptop, and smartphone.

2:30 PM - 4:30 PM OLY 104 \$29 + \$4 Materials Fee



Introduction to PC Troubleshooting

Scott Jernigan

Don't spend your hard-earned cash on expensive PC repairs! The vast majority of the problems people experience with their computers are completely avoidable, and most can be solved with nothing more than a few minutes of your time.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

NEW! Mastering Computer Skills

for the Workplace - Online

Betsy Flanagan

Must-have skills to succeed in the workplace include the ability to create, edit and manage presentations in MS PowerPoint, documents in MS Word, email and calendars in MS Outlook, and spreadsheets in MS Excel. The Microsoft Office Suite of applications is the most used software tool in the world. Stay current with this class, as it is always up-to-date and will change as the features of MS Office change over time. Master the most common uses so you can work faster and more efficiently and can take your computer skills from plain and drab to exciting and engaging. You will leave class with a set of skills that are a workplace requirement in today's fast paced ever-changing environment and will enable your future career success. This course is offered in partnership with The Learning Resources Network (LERN) and comes with 100% satisfaction guarantee or your money back.

9/5-9/29

EXCEL & WORD

EXCEL

Excel 2013 - Level 1 Jesse Braswell

Having a difficult time getting Excel to do what you know it's capable of? Eliminate your frustration by learning the simple techniques of Excel spreadsheet basics, formulas, functions, and shortcuts that will enable you to make the most out of this program. Basic PC and typing skills helpful, but this class is for Excel beginners. Book included. No class on 10/24.

Tu,Th (3 sessions) 10/17 - 10/26 6:00 PM - 9:00 PM OLY 104 \$145 + \$5 Materials Fee 9:00 AM - 4:30 PM OLY 104 10/21 \$145 + \$5 Materials Fee



Meet Jesse Braswell

Jesse Braswell worked in the computer industry for over 25 years, with IBM, Microsoft and other corporations to train their employees. As a veteran South instructor, Jesse has the experience, knowledge and patience to teach his students of all ages. South students love his energy and ability to teach them at their level helping them to improve their computer skills!

Excel 2013 - Level 2

Jesse Braswell

Improve your Excel 2013 skills. Simplify number crunching, data input, and formatting. Gain valuable tips and shortcuts. Book included.

10/28 9:00 AM - 4:30 PM OLY 104 \$145 + \$5 Materials Fee M,W (3 sessions) 10/30 - 11/6 6:00 PM - 9:00 PM OLY 104 \$145 + \$5 Materials Fee

Excel 2013 - Level 3

Jesse Braswell

Harness the power of Excel by learning to develop and manage automated procedures, formulas, pivot tables, macros, and other advanced formatting features to produce the high-quality reports needed to guide data-driven decision making. Discover easy shortcuts to help minimize your time and maximize your results. Book included.

9:00 AM - 4:30 PM OLY 104 \$145 + \$5 Materials Fee

Excel 2013 - Macros

Jesse Braswell

Save yourself hours of running repetitive reports that require editing or adjustments. Macros are a string of instructions which tell Excel how to compile information. Learn to write the instructions and, with a few simple steps, you will reduce your work time considerably and create more accurate documents.

Tu (2 sessions) 11/7 - 11/14 6:00 PM - 9:00 PM OLY 104 \$75 + \$5 Materials Fee

Excel 2013 - Pivot Tables

Jesse Braswell

Excel's Pivot Table feature is an incredibly powerful tool that makes it easy to tabulate and summarize data from multiple spreadsheets. This is an outstanding program to provide visual information for data-driven decision making.

10/18 6:00 PM - 8:30 PM OLY 104 \$45 + \$5 Materials Fee

DAYTIME! Productivity in Excel 2013 -

Tips and Tricks Jesse Braswell

Learn more techniques for formulas, functions and shortcuts. Learn more about entering data into cells, working with data, and using data tables more efficiently. Discover how to finish your workbook and how to navigate and get help in Excel. This class will also cover techniques for filtering and limiting data that can be entered into individual cells. Basic PC and typing skills helpful. In addition to a book, leave the class with a Tip Sheet sure to save you and your colleagues time and frustration on your next project!

9/21 9:00 AM - 4:00 PM OLY 104 9:00 AM - 4:00 PM Georgetown, Bld A \$159

DAYTIME! Excel Going Beyond the Basics

Expand your Excel skills by learning features including filtering, summarizing data, and pivot tables. Discover ways to more effectively collaborate with colleagues. Book and handouts included.

9:00 AM - 4:00 PM Georgetown, Bld A

NEW! Mastering Microsoft Excel – Online

Betsy Flanagan

A must-have skill to succeed in business (whether an entrepreneur or a valued employee) is the ability to create, edit and manage spreadsheets. Microsoft Excel is the most utilized spreadsheet tool in the world. Stay current with this class, as it is always up-to-date and will change as the features of Excel change over time. Examine the life of an Excel worksheet and workbook, from creation to presentation. Learn how an Excel worksheet is constructed, populated with content, and edited for delivery. Master the options that can take your Excel worksheet from plain, drab numbers to exciting and engaging multimedia. You will leave class with a set of skills that are in high demand and will be a deciding factor in your future success. This course is offered in partnership with The Learning Resources Network (LERN) and comes with 100% satisfaction guarantee or your money back.

\$195



Additional Computer Classes available Online including MS Office 2010

Visit: www.ed2go.com/southsea

Computer

WORD

Word 2013 - Level 1 Jesse Braswell

Want to move beyond just opening up a Word document and typing? How do you work with bullets and numbering, columns, headers and footers, margins, charts, images and diagrams? Learn these skills and more, enabling you to easily create eye-catching documents. Basic PC and typing skills helpful, but this class is for Word beginners. Book included.

Tu,Th (2 sessions) 10/10 - 10/12 6:00 PM - 9:00 PM OLY 104

\$135 + \$5 Materials Fee

Word 2013 - Level 2

Jesse Braswell

Make your job easier! Master the tools needed to move quickly through word processing projects and resolve troubleshooting issues. Learn how to create professional looking letters and reports. Book included.

W,M (2 sessions) 11/8 - 11/13 6:00 PM - 9:00 PM OLY 104

\$135 + \$5 Materials Fee

GRAPHIC DESIGN

NEW! Holiday! Graphic Design for the Holidays –

An Introduction to Adobe InDesign

Meredith Blache

Adobe InDesign is the industry standard application for publishing simple to complex documents. Learn to create desktop publishing works such as posters, flyers, brochures, magazines, newspapers, and books. InDesign can also produce interactive content for the web and be used with tablets. In this two day-class you will create cards, flyers, and other InDesign documents you can share with your family through print or online. Discover how this versatile program can save you time as you produce stunning documents for the holidays or any special occasion.

Sa, Su (2 sessions) 11/18 - 11/19 9:00 AM - 12:00 PM OLY 102

Adobe Photoshop – Level 1 – Series Meredith Blache

Harness the power of Adobe Photoshop by learning the skills taught in this Level 1 Series: Learning the Basics, Adjusting Images, and Graphic Design for Print and Web. Images provided. For the best value, take the Series for a savings.

Su (3 sessions) 10/22 - 11/5 9:00 AM - 1:00 PM OLY 102 \$175 + \$15 Materials Fee

Adobe Photoshop 1 - Learning the Basics

Meredith Blache

This class is an excellent introduction to Adobe Photoshop. Learn the basics, from how each tool works to what layers are, gaining confidence as you create and complete several Photoshop projects. Images will be provided.

10/22

9:00 AM - 1:00 PM OLY 102

\$65 + \$5 Materials Fee

Adobe Photoshop 1 - Adjusting Images Meredith Blache

Learn to use Adobe Photoshop to fix and adjust images, to utilize advanced retouching techniques, to create compilations, and to work non-destructively on an image. Images will be provided.

10/29

9:00 AM - 1:00 PM OLY 102

\$65 + \$5 Materials Fee

Adobe Photoshop 1 - Graphic Design

for Print and Web

Meredith Blache

Learn to use Photoshop for print, graphic design and online graphics creation. Master the various text tools including the path tool, how to create new images using multiple images, how to create a quick animation for use on the web, and much more. Images will be provided.

11/5

9:00 AM - 1:00 PM OLY 102

\$65 + \$5 Materials Fee

Intro to Video Production

with Adobe Premiere Pro CC

Meredith Blache

\$115

Learn how to make stunning videos using the latest professional video editing software. This two-day workshop will include using still images, titles, video and audio transitions, blending multiple video tracks and green screening.

Sa (2 sessions) 12/2 - 12/9 9:00 AM - 12:00 PM OLY 102

WEB DESIGN

Web Design - Series

Meredith Blache

Discover new ways to create a website or enhance an existing one. Learn how the behind-the-scenes of websites work and uncover ways to improve your site.

10/1 - 10/15 9:00 AM - 12:00 PM OLY 102

\$175 + \$15 Materials Fee

Web Design - All About Web Templates Meredith Blache

Using ready-made web templates is an easy way to customize webpages for your personal or business use. Create and use free online web page templates.

9:00 AM - 12:00 PM OLY 102

\$65 + \$5 Materials Fee

Web Design – Intro to Adobe Dreamweaver Meredith Blache

Gain practical hands-on experience with Adobe Dreamweaver's tools for building and maintaining websites. Learn how to use Adobe Dreamweaver to create webpages from scratch or manipulate templates to fit your needs. (Dreamweaver is loaded on the college computers to use during the class.)

10/8

9:00 AM - 12:00 PM OLY 102

\$65 + \$5 Materials Fee

Web Design - Intro to HTML and CSS Meredith Blache

Whether you're a new or seasoned web designer, you need to know the latest in HTML architecture. Learn how to use HTML and CSS code to make your web pages look the way you want including text, images and other content. Learn how to make responsive pages and content. Learn to use tags, including tags that enhance media and animations, and how to add videos, audio tags, image maps, tables, frames, forms, and multimedia elements.

10/15

9:00 AM - 12:00 PM OLY 102

\$65 + \$5 Materials Fee

NEW! Introduction to Illustrator CS6 **Sherry London**

Adobe Illustrator CS6 can give you the power to design, draw, and color images quickly and easily to produce studding vector graphics with 3D.

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

\$109

NEW! Introduction to Lightroom CC **Beverly Richards**

Use Adobe Photoshop Lightroom to edit and sort images quickly. Create customized slideshows and presentations, merge images to make panoramic images, and fine-tune the overall color and lighting of your images.

www.ed2go.com/southsea/

Start dates 9/13, 10/18, 11/8, 12/13

NEW! Creating WordPress Websites John Agress

Learn how to create attractive, sophisticated blogs and websites without any coding! WordPress is an easy-to-use solution that will help you put your site on the Web in far less time than by coding, and at a much lower cost than hiring a professional.

www.ed2go.com/southsea/

Start dates 9/13, 10/18, 11/8, 12/13

Introduction to SQL

input and output, calculations, decision making, and loops.

Cecelia Allison

Gain a solid working knowledge of Structures Query Language (SQL), a powerful and universal relational-database programming language. Write SAL queries to create tables; retrieve data from single or multiple tables; delete, insert, and update data in a database; and gather significant statistics from data stored in a data base.

www.ed2go.com/southsea/

Start dates 9/13, 10/18, 11/8, 12/13

NEW! Introduction to Java Programming Learn the basics of programming and go on to write your own programs and integrate

www.ed2go.com/southsea/ Start dates 9/13, 10/18, 11/8, 12/13

\$109

Love how Meredith takes time in the beginning to explain content and features of application before we dive in. "

Richard K. (Dreamweaver student)

Professional



PROFESSIONAL

Supervision and Work-Place Skills - Series

Sara Johnson

Develop your leadership, communication, motivation, and problem-solving skills with this workshop-based series. Take all six sessions in the Series to enhance your professional toolbox with skills to be used in a variety of workplace situations: Working with Difficult People, Developing Your Leadership Style, Communication Skills in the Workplace, Motivating for Success, Improving Personal Productivity, Change Management. (No class 11/8)

W (6 sessions) 10/4 - 11/15 9:00 AM - 12:00 PM LHO 2 \$39

Working with Difficult People/Conflict Management

a John

We all encounter difficult people. Whether you are a supervisor, a customer service professional, or you have a challenging co-worker, it's important to know how to rise above your initial emotional reaction and turn negative situations into positive outcomes. Topics include understanding why we label people as difficult, types of difficult people, tools and techniques for resolving issues, coping strategies for the effects of difficult people, and conflict management strategies.

V 10/4 9:00 AM - 12:00 PM LHO 2 \$79

Developing Your Leadership Style

Sara Johnson

Learn how to capitalize on your personal leadership style to achieve workplace goals. In this course you will: Identify your leadership style through personal assessment; learn the difference between leadership and management; recognize the "being" and "doing" of leadership; and develop the innate motivating techniques that transform employee attitudes and enhance cooperation and teamwork.

W 10/11 9:00 AM - 12:00 PM LHO 2 \$79

NEW! Communication Skills in the Workplace Sara Johnson

Communication skills are vital in today's workplace. In this course you will identify the four primary communication styles, learn how to recognize your style as well as the styles of others, and how to overcome common communication roadblocks and barriers.

W 10/18 9:00 AM - 12:00 PM LHO 2 \$79

Motivating for Success Sara Johnson

Want more creative, motivated employees who are eager to work hard and satisfy both internal and external customers? Good leaders empower their employees to feel confident, valued and motivated. In this course discover what motivates people, how to resuscitate motivation, and how personality affects motivation. You will also learn how to give clear and motivating directions, set realistic and achievable standards, and provide effective feedback, praise good results, and correct unsatisfactory performance.

W 10/25 9:00 AM - 12:00 PM LHO 2 \$79

NEW! Improving Personal Productivity

Sara Johnson

Time is a valuable resource that can be costly to a company when wasted. In this course you will develop communication strategies to minimize time loss, evaluate personal and organizational time-wasters, learn to establish meaningful priorities, and determine ways to deal with disruptions and unanticipated drains on time.

W 11/1 9:00 AM - 12:00 PM LHO 2 \$79

NEW! Change Management

Sara Johnson

Have you ever felt bombarded by nonstop change? When initiating change yourself, do you experience resistance when trying to get the support of others? This interactive workshop will help you better understand the impact of change and help others navigate through the phases of change. In addition, learn to manage resistance to change while planning successful change efforts.

N 11/15 9:00 AM - 12:00 PM LHO 2 \$79

C/N NEW! Data Visualization with Tableau Jenny Richards

Tableau is a data visualization tool which helps you turn your raw data into meaningful and actionable information. Professionals in fields as diverse as finance, sports, and public health use it to analyze and communicate essential ideas. Learn the basics, then practice building charts, dashboards, and stories as you build your data visualization portfolio. Class will be held at Seattle Central Campus.

W (10 sessions) 9/27-12/6 6:00 PM - 9:00 PM Off Campus/Broadway Edison Bldg \$499

C/N NEW! Introduction to 3D Modeling and Printing

Brandon Pomeroy

Bring your 2D ideas to 3D life in this hands-on class! Learn to navigate a 3D environment using Onshape, a cloud-based CAD technology, and become adept at the four foundational features of sketch-based modeling: extrude, revolve, sweep, and loft. You'll then be guided through the transition from a 2D sketch to a 3D model. Discover how to prepare a CAD model file, and export and successfully print your 3D object with superior quality. Intermediate computer and Internet browser skills required. Each student is provided a laptop and 3D printer to use in class as well as a workbook. Class will be held at North Seattle Campus.

Th (2 sessions) 10/26 – 11/2 6:30 PM - 9:30 PM Off Campus/North Seattle \$495

C/N NEW! Foundations of Project Management

Learn the essentials of project management from the standpoint of managing a single, small-to-medium sized project. You'll work through the project life cycle in the same sequence you'll encounter when managing a real project in the workplace. Explore the entire product and project life cycle, including initiation, planning, executing, controlling, and closing. Class will be held at Seattle Central Campus. M (6 sessions) 9/25 – 10/30 6:00 PM – 9:15 PM Off Campus/Broadway Edison Bldg \$389

Meet Sara Johnson

With a background in Psychology and Sociology, and an MBA in Managerial Leadership and Small

Group Dynamics, Sara provides a wealth of knowledge in her interactive workshops. At South, she teaches both supervisory and leadership courses, as well as customized training, for potential, new, and existing levels of management for organizations in Washington State.



Professional

NEW! The Basics of Bookkeeping-Online Sharon deFont

Whether you are looking to advance in your career, or you're an entrepreneur, this course will teach you how to keep track of the day-to-day financial transactions of a business. The Basics of Bookkeeping course will teach you about debits, credits, and what the numbers mean and how to record them. Even if you outsource your bookkeeping needs, you still need to have a basic understand of what happens with the money earned and the money spent. This course is offered in partnership with The Learning Resources Network (LERN) and comes with 100% satisfaction guarantee or your money back.

Online 10/2 - 10/27 \$195

NEW! WordPress Certificate-Online

WordPress is the most popular content management system (CMS) for website and blog design. Learn out how to build a simple WordPress website or blog. Topics covered include: An introduction to CMS, WordPress installation and setup, page and content creation, administration, themes (selection, purchase, installation and setup), working with widgets and plugins, and more. You will also learn how to modify WordPress web pages by hand-coding, learn about simple yet effective search engine optimization (SEO) techniques that improve your website ranking, how to perform necessary regular WordPress maintenance, and create WordPress website backup. This course is offered in partnership with The Learning Resources Network (LERN) and comes with 100% satisfaction guarantee or your money back.

Online 9/5 – 11/3 \$495

Cathy Proffitt Boys

Discover how to effectively conduct research and utilize the best and most appropriate data for decision making. Then, learn the specific skills needed to clearly communicate research results to a specific audience for maximum impact and effective decision making. This course is designed for anyone who needs specific information about a business or particular topic (market potential, competitive intelligence, standard industry practice, productivity improvement, etc.). This certificate covers three courses: Introduction to Business Research, Business Statistics, Qualitative Business Research This certificate course is offered in partnership with The Learning Resources Network (LERN) and comes with 100% satisfaction guarantee or your money back.

Online 9/5 – 12/1 \$495

NEW! Mobile Marketing Certificate – Online

ertificate – Online Demitt, Belhassen, Hurrell, Salt

The way consumers interact with brands and connect to the world is changing because of mobile devices. Find out about location-based marketing, mobile payments, QR codes, applications, and mobile coupons. Learn how mobile marketing can help retain current customers and gain new ones. Then learn through step-by-step instructions how non-technical users can build, deploy and market smartphone applications across Android, iPhone and Blackberry platforms. Finally, learn how to implement a mobile marketing plan for your organization. Find out about proximity marketing, mobile marketing metrics, and developing a mobile marketing campaign. This certificate consists of three courses: Introduction to Mobile Marketing, Creating Cell Phone Apps for your Business, Advanced Mobile Marketing.

This certificate course is offered in partnership with The Learning Resources Network (LERN) and comes with 100% satisfaction guarantee or your money back.

Online 9/5 – 12/1 \$595

NEW! Six Sigma Green Belt Certificate – Online Scott Follet

Six Sigma professionals are in strong demand by organizations around the world. On the front-lines of Six Sigma efforts are Green Belts. LERN's Green Belt training teaches participants problem-solving skills, using the DMAIC (Define, Measure, Analyze, Improve and Control) model. After completing this challenging course, Six Sigma Green Belts can serve their organizations as a trained specialist. Although not required, participants are strongly encouraged to have a project during the course. The instructors and mentors work closely with the class to not only teach the material, but to guide candidates as they work on projects. This certificate consists of three courses: Introduction to Six Sigma Green Belt, Intermediate Six Sigma Green Belt, Advanced Six Sigma Green Belt.

This certificate course is offered in partnership with The Learning Resources Network (LERN) and comes with 100% satisfaction guarantee or your money back.

Online 9/5 – 12/1 \$495

Want to share your business or industry skill in the high school setting?

South Seattle offers a teaching certification program for those who wish to become Career and Technical Education teachers. Interested individuals need to have 6,000 hour of paid work experience in the specialty area they would like to teach. To learn more go to www.LearnatSouth.org and click on the CTE link on the left menu bar OR attend the information evening. Courses are taught primarily online or in a hybrid style with Saturday in-person sessions on campus. Classes begin October 3, 2017.

FREE! CTE Information Session Tammy Price

Attend this information evening to learn more about the certifying program at South Seattle. You will have an opportunity to meet instructors as well as learn more about participating in an online program. Pre-register for a parking permit.

Th 9/14 6:00 PM - 7:00 PM OLY 104

Need to complete the education requirements for the Certified Financial Planning™ certification?

South Seattle College offers five of the required courses needed to sit for the national exam. Classes are held on the Seattle Central Campus on Broadway from 4:00-7:00 PM

The Investment Planning and Retirement and Employee Benefits courses will begin the week of October 3 and meet weekly for 10 sessions. For those interested in getting started, please see www.LearnatSouth.org or call 206-934-5339.

Go to www.LearnatSouth.org to see complete list of professional online certificates.



FREE AUTO LEAKS WORKSHOPS

Participate in our free Auto Leaks Workshop sponsored by Seattle Public Utilities and learn from a Certified Automotive Instructor from South Seattle College faculty. Have your car inspected, learn where most leaks occur, how to fix them, and get a free Vehicle Maintenance Check Kit.

The following classes will be offered at South Seattle College from 9:00 a.m. – 1:00 p.m.

Upcoming dates:

- September 23, 2017
- November 18, 2017
- October 21, 2017
- December 9, 2017

To register or for questions contact the Seattle Public Utilities EPT Resource line at (206) 615-1222 or by email at SPU_EPTResources@seattle.gov or online at https://goo.gl/dbzrX9.

Online Classes for Educators

South Seattle College partners with LERN, ed2go and Virtual Education Software





(VESi)

to offer a selection of education classes for professionals that are convenient, relevant and affordable. Clock hour fee is included in the price.



- All classes run for a month. 16 clock hours
- Interactive materials & dialogue with instructor
- Class content and self guizzes are accessible for the entire course, you can work ahead or go back and review at your convenience.

Sample Classes (www.LearnatSouth.org):

Social Media and Online Tools for K-12 Teachers	11/6-12/1	\$145
Using Cell Phones in the Classroom	11/6-12/1	\$145
Gender in the Classroom	10/2-10/27	\$145
Online Learning and Teaching for K-12	10/2-10/27	\$145
Generational Learning Styles	11/6-12/1	\$145

Tools for Teachers **@ed2go**



- 6 weeks of instruction, 2 lessons a week
- Monthly start dates. 24 clock hours
- · Online discussion area

Sample Classes (www.ed2go.com/southsea):

The Creative Classroom	9/13, 10/18, 11/8, 12/13	\$109
Teaching Students with ADHS	9/13, 10/18, 11/8, 12/13	\$109
Teaching Smarter with SMART Boards	9/13, 10/18, 11/8, 12/13	\$109
Differentiating K-12 Assessments	9/13, 10/18, 11/8, 12/13	\$109
Spanish in the Classroom	9/13, 10/18, 11/8, 12/13	\$109
Differentiated Instruction	9/13, 10/18, 11/8, 12/13	\$109



28 COURSES AVAILABLE FOR 30 OR 45 CLOCK HOURS

30 Hours: \$225 / 45 Hours: \$250

COURSE TOPICS INCLUDE: -

- Managing Disruptive Behavior
- Understanding Aggression
- Differentiated Instruction
- Common Core
- Inclusion
- Behavior is Language

FOR DETAILED COURSE **DESCRIPTIONS AND TO REGISTER GO TO:**

www.LearnatSouth.org

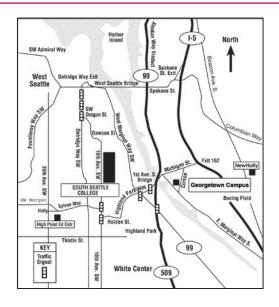
Start anytime, work at your own pace.

Course length is a minimum of two weeks and must be completed within one year of the day you registered.

Finding Your Way Around!



WWB



OLY

Olympic Hall

Judge Warren & Nobie Chan Education Center

Directions: Go to www.LearnatSouth.org or call (206) 934-5339.

Parking Permits: Parking permits are required to park on campus. Cost is \$3.00.

Bus Information: Bus route #128 &125 stop at main entrance

Registration is Easy!

five WAYS TO REGISTER

1

ONLINE

www.LearnatSouth.org

2

PHONE

(206) 934-5339

3

IN PERSON

Olympic Hall, Room 130

4

MAIL

Continuing Education South Seattle College Olympic Hall, Room 130 6000 - 16th Avenue SW Seattle, WA 98106-1499

5

FAX

(206) 934-6699

Office Hours & Location

8:30AM – 6:00PM, Monday-Thursday 8:30AM – 4:30PM, Friday Holidays: 9/4, 11/10, 11/23, 11/24

Continuing Education Refund Policy

- 100% refund if a class is cancelled by South Seattle College.
- To cancel a registration, please contact the Continuing Education office at least two business days prior to the start of the class.
- You will be refunded 100% of the class fee minus a \$6 processing fee.
 The processing fee will be waived if you transfer to another Continuing Education class.

Cancellation of Classes

Classes may need to be cancelled if enrollment is low, due to an emergency, or if the college is officially closed due to bad weather. You may want to check www.flashalert.net for bad weather school closure messages. If a class is cancelled, we will make every effort to call and email you in advance. If a class is cancelled, you will receive a full refund.

Continuing Education Staff

Luisa Motter

Director of Continuing Education

Kathleen Kent

Program Specialist

Temporary Office Assistants

Geoff Hamada Alison McGuire

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